

# The Cutthroat Chronicles

Official Newsletter of the Snake River Cutthroats

uly, 2017

# A Message from the President by Rory Cullen

Welcome back Snake River Cutthroat members. We are in the middle of a crazy water year. By the time this letter goes out, hopefully, levels should be close to normal. Since the last newsletter, SRC has had a conservation project and a board member outing. Canyon Creek conservation project was a huge success. We had a handful of first timers, a couple of every timers (Paul and Buck) and a multigenerational family (Cal Johnson's family). I would like to thank Tom Holm, a Post Register reporter, for his continued interest and support of the SRC. Tom showed up Friday night for our informal dinner and happy hour, then survived a night of politics around the fire. Tom not only covered Saturday's work day, he participated on one of our work crews. He did not shy away from sledgehammering rebar into creek bed. Zero injuries, all structures completed and great food contributed to another great weekend.

Thanks to all who donated their time for this project.

Next up was the SRC board member outing at Sheridan Lake. The lake fished great this year with leeches being the fly of choice. Marv Stucki was our MVF (Most Valuable Fisherman). Marv just had that special touch on this day. Everyone caught fish and it was a beautiful day on the lake. Thanks Mike Miller for organizing this great outing.

Last but not least, is our SRC Club Picnic. Sign-up and potluck assignments are inside the newsletter. SRC provides the main dish, condiments and plates. This is a BYOB event. This is a fun and casual time for members (new and old) to fellowship together. This event is held at Mike and Ann Miller's home. Please see inside for direction and times. This is the last newsletter until October. Have fun....be safe....fish on!

#### UPCOMING EVENTS



Wednesday July 12th, 6:30 PM

Annual Summer Picnic







## Annual Summer Picnic

# At our Gracious Host's Mike & Ann Miller's Home

Wednesday July 12<sup>th</sup> 6:30 PM

(Same location as last three years)

From Exit 113 off I-15 (near Dad's Frontier Pies)

Take a right on 800 E (New Sweden highway) past the Army-Navy Store.

Turn right on Woodville Road (Do not cross the river!)

Turn left on 750 East Go to the end of the road where a pine grove comes in to view. Pass the pine grove, and you are in Miller's front yard.

Provided: Main dish, condiments, soft drinks (BYOB)

Bring your own chairs and stories.

Last Name begins A-J: Bring a Salad

Last Name begins K-T: Bring something to go with Main Dish (ie baked beans)

Last Name begins: U-Z: Bring a Desert

Sign up at Jimmy's before July 5<sup>th</sup> so we can get a head count

# 2017-2018 Snake River Cutthroats Officers and Board of Directors

#### **Officers**

President (2018)
Past President (2018)
Executive VP (2018)
Conservation VP (2018)
Treasurer (2017)
Secretary (2018)

Rory Cullen
Paul Patterson
Open
Jeff Armstrong
Jim Mathias
Tim Crain

#### **Board of Directors:**

3-Year (2020)

Wade Allen (208-390-3130) John Rivera (208-528-7997) Bob Starck (208-589-9339)

#### 2-Year (2019)

Mike Avery (208-351-3403) Rob Knox (760-419-1682) Joe Timchak (208-569-0630)

#### 1-Year (2018)

Arn Berglund (208-569-2243) George Klomp (208-680-2762) Matt Woodard (208-221-1353)

#### **Electronic Newsletters Available**

For those still receiving hard copies of the newsletter via standard mail, but would prefer to receive it via email, please send your email address to Carol Staples, our membership chair at casbas@ida.net.

Fewer mailings mean more dollars for conservation projects. The fish will appreciate your cost saving efforts.





# Timing of Snowmelt: Why is it important and what do we know about it? by Rob Van Kirk

(Because of our record and near record snowfall last winter there is much interest locally on the characteristics of heavy run-off likely to happen into early summer. The below numbers and dates from Rob Van Kirk apply specifically for the Henry's Fork watershed although the concepts apply to others and provide information on what impacts the nature of run-off)

Precipitation in May was about 50% of average, but temperatures were near average, preserving most of the high-elevation snow all the way through the month.

- Snow remaining in the watershed at elevations above 7,000 feet was almost twice the median amount on June 1.
- Warm temperatures are leading to increased streamflows in the Henry's Lake basin as well as in Fall River and Teton River.
- Fall River and Teton River will peak in early June but supply enough water to meet irrigation demand through the month of June
- Island Park Reservoir is 100% full, and outflow will roughly follow natural inflow as it gradually drops from 850 cfs now to around 500 cfs by July 1.

Rob Van Kirk joined the Henry's Fork Foundation as a senior scientist in 2012. Rob has fished the river since 1977, and helped define HFF's work as the Foundation's first research director from 1994 to 1998 before pursuing an academic career. Rob grew up in Arcata, California and received a B.A. and M.S. from Humboldt University. He holds a Ph.D in mathematics from the University of Utah, where he focused on mathematical modeling of fish and wildlife populations. He is a past recipient of HFF's Conservation Award and the Idaho Chapter of the American Fisheries Society's Native Fish Conservationist of the Year Award. Rob and his wife, Sheryl, live in Ashton.

# **Montana Aquatic Invasive Species Pass**

As of May 15<sup>th</sup> all anglers fishing in Montana must purchase an Aquatic Invasive Species Prevention Pass in addition to standard fishing and conservation licenses. Passes are available from all licenses agents (Jimmy's included) or MTFWP web site. Cost is \$2 for residents, \$15 for non-residents.





# Canyon Creek Conservation Project By Paul Patterson



Almost all project participants.

For the 29<sup>th</sup> consecutive year the Snake River Cutthroats conducted a springtime conservation project in the Salmon/Lemhi River drainage. This year's project was on Canyon Creek, a Lemhi River tributary east of Leadore. This is the fourth project that the Cutthroats have done on Canyon Creek and the 11<sup>th</sup> year that we have worked on the Leadore Ranger District. This project is part of a Forest Service five-year plan to restore four miles of Canyon Creek. Canyon Creek was reconnected to the Lemhi a few years ago, which will ultimately restore previously lost spawning habitat for anadromous fish as well as provide improved habitat for resident trout. Spring time weather at 6,000+ feet can be a challenge, but this year's weather was pretty nice.



Pounding re-bar to secure log structure.

Forest Service fish technician Nate Quisser had designed 20 in-stream structures for the project. We also planted a few Willows at some disturbed sites to stabilize the bank and ultimately provide shade and





cover. We finished all the sites by mid-afternoon and returned to the Smokey Cub campground to prepare and enjoy the traditional steak bbg and "Ma's" dutch oven spuds.



A finished structure and happy crew.

Thanks to Arn Berglund, Richard Cain, Curtis St. Michael, Candy and Doug Elliott and Duane O'Reilly for helping with the cooking and the cleanup. Thanks to everyone who gave up a weekend to give back to the fisheries resource. And special recognition to the Johnson Family, represented by three generations.



Jeff, Buck and Danny reparing "Ma's spuds.

This year's group of volunteers was the third largest we've had and included quite a few folks helping on their first conservation project. Snake River Cutthroat participants on this year's project included: Wade Allen, Jeff Armstrong, Arn Berglund, Andy Bosworth, Richard Cain, Tim Crain, Rory Cullen, Candy and Dave Elliott, Buck Goodrich, Ron Hover, Cal, Casey, Sherry, Carson and Alexis Johnson, Tim Kaiser, Bill Kelly, Rob Knox, Scott Long, Danny Morse, Lee Morse, Stephen Moss, Duane O'Reilly, Paul Patterson, Lori and Tom Salas, Curtis St. Michael, Chuck Sorrentino, Bob Stark, John and Ryan Svoboda, Mary Tompkins, and Allan Woolley. (First-timers are shown in bold.) From Salmon River of No Return chapter we had Nancy Garcia and Jerry Myers. From the Forest Service we had fisheries biologist Dan Garcia, District Ranger Jay Winfield, fish technician Nate Quisser, and wildlife technicians Rebekah Brassfield and Adrienne Stanley. And from the Post Register, reporter Tom Holm. I apologize if I missed someone or misspelled someone's name.





# Recipe of the Month

#### Fish and Chips

# Ingredients

## For the Chips:

- 3 medium russet potatoes (1 1/4 pounds)
- 1/4 cup extra-virgin olive oil
- Pinch of cayenne pepper
- Kosher salt

#### For the Fish:

- Olive oil cooking spray
- 2 3/4 cups crispy rice cereal
- Kosher salt and freshly ground black pepper
- 3 large egg whites
- 1.5 pounds skinned, boned whitefish, or South Fork 'bow, cut into 2x4-inch pieces
- Tartar sauce and/or malt vinegar, for serving

# **Directions**

Position racks in the upper and lower thirds of the oven and preheat to 450 degrees F using the convection setting, if available. Place a baking sheet on one of the racks to preheat.

Prepare the chips: Cut the potatoes into 1/4-inch-thick sticks. Toss with the olive oil and cayenne in a bowl. Carefully remove the hot baking sheet from the oven, add the potatoes and spread in an even layer. Use a rubber spatula to scrape any oil from the bowl over the potatoes. Bake on the top oven rack, turning once, until browned and crisp, 25 to 30 minutes. Season with salt.

Meanwhile, make the fish: Set a wire rack on a baking sheet and coat with cooking spray. Lightly crush the cereal in a bowl with your fingers. Add 2 teaspoons salt, and black pepper to taste. In another bowl, whisk the egg whites and a pinch of salt until frothy.

Dip the fish in the egg whites, then roll in the cereal crumbs to coat. Place the fish pieces on the rack (position them on their sides so that the majority of the crust is exposed) and mist with cooking spray.

Bake the fish on the bottom oven rack until crisp and just cooked through, about 12 minutes. Season with salt and black pepper. Serve the fish and chips with tartar sauce and/or malt vinegar, if desired.

**Recipe courtesy Food Network Magazine** 





# Calendar

Tuesday, Sept. 12<sup>th</sup> Board Meeting, 6:30 PM, Shilo Inn

Saturday, September 23<sup>th</sup> Daniels Reservoir Outing Dave Pace 529-9290

Tuesday, October 3<sup>rd</sup> Board Meeting, 6:30 PM, Shilo Inn

Wednesday, October11<sup>th</sup> General Membership Meeting, Shilo Inn, Guest TBA

Friday, October 21<sup>nd</sup> Blackfoot River or Keller Ponds Outing Bruce Staples

522-9242

Tuesday, October 31<sup>st</sup> Board Meeting, 6:30 PM, Shilo Inn

Wednesday, Nov. 8<sup>th</sup> General Membership Meeting, Shilo Inn, Guest TBA

# Fly of the Month

#### **WR-16**

Wood Road-16, going west off the Mesa Falls Scenic Highway leads to a beautiful and fly-fishing famous reach of the Henry's Fork. Situated on Harriman East, this part of the river was one of Bing Lempke's favorite places to fish the river. He followed the sequence of mayflies emerging from the river, and created this pattern intended to be used, simply by changing its size, to match whatever mayfly species emerged at a given time. He named this emerger pattern WR-16 to honor the road leading to this great Henry's Fork location for fly-fishing. Try Bing's easily tied WR-16 during current PMD and flav emergences on the river.

Hook: Mustad 94840, or equiv., size 14-20

Thread: Black 8/o

Tail: a few hen grizzly fibers

Body: Olive Antron Thorax: Yellow Antron Hackle: Sparse hen grizzly







Snake River Cutthroats 291 Dale Drive Idaho Falls, ID 83402 RETURN SERVICE REQUESTED NON-PROFIT STD US POSTAGE PAID Idaho Falls, ID Permit no. 15

# **Snake River Cutthroats**

Club Officers Senior Advisors

President: Rory Cullen (208-419-84773 Past President: Paul Patterson (208-569-8031)

Exec. Vice President): Open

VP Conservation: Jeff Armstrong (208-522-7005)
Membership: Carol Staples (208-522-9242)
Treasurer: Jim Mathias (208-684-4200)
Secretary: Tim Crain (208-528-6248)

Jimmy Gabettas
Marv Stucki
Buck Goodrich
Jim Mathias
Bruce Staples
Dave Pace
Gary Barnes
Ron Hover

Scott Long

#### **Board of Directors**

3 Yr Directors

Wade Allen (208-390-3130), John Rivera (208-528-7997), Bob Starck (208-589-9339)

2 Yr Directors

Mike Avery (208-351-3403), Rob Knox (760-419-1682), Joe Timchak (208-569-0630)

1 Yr Directors

Arn Berglund (208-569-2243, George Klomp (208-680-2762), Matt Woodard (208-221-1353)

### **Committee Chairs**

Membership: Carol Staples (522-9242) Education: Jeff Armstrong (522-7005) Expo: Arn Berglund (569-2243)

Programs: George Klomp (680-2762), Marv Stucki (208-589-9677)

Historian/Newsletter: Bruce Staples (522-9242)

Outings: Mike Miller Open

Publicity: Rob Knox (760-419-1682)

Web Site: Brian Morishita (208-201-1669), Tim Woodard (201-1669)

Youth: Tim Crain (208-528-6248)



