

The Cutthroat Chronicles

Official Newsletter of the Snake River Cutthroats

March, 2017

A Message from the President by Rory Cullen

Welcome to our new members! I hope you get a chance to join in our up-coming conservation projects and outings. Snake River Cutthroats general membership meeting was another great night of fishing information. Shane Wooten did a presentation on fly-fishing the Sea of Cortez. This was my first time hearing Shane do a presentation, he was very informative and entertaining. Some of the highlights include a wide variety of species of fish that can be caught in one trip and that this trip can be quite inexpensive. Shane explained some rod placement techniques and hints on setting the hook. Of course, he had all the info on flies that work. Thanks again to Shane and Gary Barnes (fly tyer) for stepping in for our February meeting.

April 21-22 SRC puts on the East Idaho Fly tying/Fly Fishing Expo & Banquet. This expo funds our club needs and conservation projects every year. I just want to get this on the radar because its coming up quick. Volunteers have been working behind the scenes for months. Please contact Arn Berglund (569-2243) to volunteer for the expo.

Now that we are digging out of winter, there will be many opportunities to get involved with the club. Starting with the expo and then we jump into outings and projects. These can be anywhere from one day to three days. For example, the conservation project in Leadore this spring, you can spend three days and two nights at a campground or you can come up for the day. This is a great way to get to know your fellow club members.

As participation increases, I just wanted to clear up how you earn entries into our participation gifts at our Christmas Party. First you must be present to win. Second, you earn entries when you volunteer at the expo, all other projects and by going on our outings. Basically, everything except our General Membership Meetings. Thanks to Dave Pace for gathering the info all year long. Enjoy spring!

UPCOMING Membership Meeting

Fly-Fishing the Madison Evening Hatch Craig Mathews

Wednesday, March 8th, 6:30 PM Shilo Inn, Idaho Falls







Wednesday, March 8th 6:30 PM Fly-Fishing the Madison Evening Hatch



It is one of the most famed rivers in the planet not only because of a superb trout population, but because of beauty, setting, and nearby quality accommodations and services.

With all these positive aspects seasonal crowding along the river during daytime hours is common. But prolific and reliable evening insect hatches with resulting trout activity offer more tranquil visits to the river.

For decades Craig Mathews operated Blue Ribbon Flies and came to experience southwestern Montana waters to the fullest. Because of its fame and demand for fishing information, much of Craig's efforts were directed at strategies on how and when to fish the Madison River for the most successful results. Through his extensive experience on the river Craig determined that one of the most satisfying times to visit is during evening hours. How to do so successfully will be the topic for the March meeting. Might be a good idea to bring not only your questions, but also your notebooks!

Volunteer Help for the 24^{th} Eastern Idaho Fly Tying and Fly-Fishing Expo Scheduled for April 21^{st} and 22^{nd} , 2017



It has become a major event on the fly-fishing scene offering something for every enthusiast. Fly tying and fly casting workshops, destination programs, commercial vendors, fly tying demonstrations, a fly tying theater, ladies program, youth workshops, daytime raffles, a banquet with live and silent auction, all are included. This will be the 24th EIFTE, and funding gained from it will go to support regional cold waters conservation actions and fly-fishing education activities. The organizing committee has been working diligently to make the 2017 version successful and will conduct major aspects of the event. However help will be needed in running some of the show's activities, particularly during set-up times and during the Saturday, April 22nd evening banquet. Volunteering to help at these or any times during the Expo can be rewarding. If you are able and willing to volunteer, contact Expo chairperson Arn Berglund at either fishvik@aol.com or 208-523-2451.

Electronic Newsletters Available

Receiving hard copies of the newsletter via USPS, but would prefer to receive it via email? Please send your email address to membership chair Carol Staples, casbas@cableone.net. Fewer mailings mean more \$ for conservation projects. Fish appreciate your change!







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Idaho2Fly Blends Fly Fishing & Cancer Support

Selected content provided by: CHAD ESTES Special to the Idaho Statesman

When it comes to finding local cancer support groups designed specifically for men, you won't find many. The goals are simple; to provide support, education, community, and an improved outlook on life through outreach, retreats and camaraderie.

RETREAT EXPERIENCE

Dr. Richard "Dick" Wilson, a neurologist in Boise, helped establish Idaho2Fly in 2012. Here's how Dick describes the retreat experience. "Each retreat has five one-hour group sessions. In a sense, it is therapy, but it is a therapy that is derived from the guests' own personal communication with one another. During the course of the weekend, the questions get more in depth and more personal. Sometimes, the men are in tears. We often hear that this is the first time they've ever talked about their disease. Guys don't like to talk about personal stuff. The guests are partnered with 'fishing friends' who are there to guide the guests with casting on the river, but more importantly, they are there to be a listening ear."

LEARNING TO LIVE

Jeremy Kitzhaber, of Meridian, ID was a guest at an October retreat at the Three Rivers Ranch in Ashton, ID. His battle with a very rare, stage four appendix cancer has been difficult with surgeries and chemotherapy. "My cancer is a one in a million type of cancer. There is only one other person in town that has the same cancer I do. I'm also only 46 years old and was diagnosed at 43," Kitzhaber says. "As much as I hate the idea of other people going through the hard-ship of a terminal illness like mine, it's nice to be able to talk to other men who understand me. At our retreat, there were four other men that were roughly my age and were also struggling, battling and going through chemotherapy, surgeries or other treatments."

"I realized that I don't have to beat this," Kitzhaber shared at the retreat. "I can't beat my cancer, it is terminal — there is nothing out there that will cure me. That doesn't mean I'm not going to stop fighting it but after talking with folks that week- end, I realized I wanted to focus on how to live — I want to be with my wife, do things with my kids and enjoy every moment that I have the health to actually go do things." The retreat experience changed how Kitzhaber looked at his cancer.

MORE THAN A RETREAT

That relational aspect doesn't end when the weekend is over. Part of Idaho2Fly's mission is to build an ongoing community of support for men with cancer. We've built our organization in Idaho to have additional events after the retreats to build community. This includes reunion picnics where former guests and volunteers get back together again. Some of our guests were hooked on the sport so we now provide a Fly Fishing 101 series of classes. Many guest/fishing friend connections continue informally.

OPPORTUNITY

Idaho 2fly wants to expand its presence in Eastern Idaho. If you're interested in getting involved, want to know what's coming up for future events, or just want to learn more about Idaho2Fly, come visit us online at www.idaho2fly.org for access to our complete and up to date yearly calendar! You can call us at: (208) 462-0402

We are volunteer run and 100% contribution funded. Idaho 2 Fly Inc. is a 501 (c) (3) non-profit Idaho corporation. PHOTOS COURTESY OF JILL AND MARC WALTERS Marc Walters Photography in Eagle





2017 Spring Conservation Project by Paul Patterson



The Snake River Cutthroats 29th consecutive spring conservation project is scheduled for Saturday May 20th. This year's project is again on Canyon Creek, a small Lemhi River tributary stream east of Leadore where we worked the last two years and also in 2013. It's roughly 120 miles to Leadore, or just under 2 hours. We will be building 20 in-stream log structures, similar to what we've done before. Hip boots are more than adequate for anyone working in-stream as you can see in the above photo. Chest waders are handy if it rains. A sturdy pair of work boots and gloves would be helpful for anyone not working in-steam. The weather is unpredictable, so plan accordingly. The preliminary plan is to camp at the BLM Smokey Cub Campground 2.5 - 3 miles east of Leadore along Highway 29, which is the road to Montana. There is good parking for trailers and campers, as well as good spots for tents. There are toilets at the campground, but no potable water. The club provides breakfast on Saturday and Sunday, as well as lunch and dinner on Saturday. There is an informal potluck dinner on Friday night. The work site is another 5 miles further east (upstream). I will have additional information in the May newsletter. I just wanted to get this on everyone's calendar.

If you need more information or wish to sign up, call or send an email to Paul Patterson: 208-569-8031, pattersn@gold.uidaho.edu.





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Recipe of the Month

Baked Walleyed Pike

They are not native to this region, but any of the Midwestern folks amongst us will tell you that walleyes are the best eating fresh water fish there is. About the closest places you can find these deep water fish are Oakley, Oneida Narrows, and Salmon Falls Reservoirs. In those waters you fish streamer patters deep at dawn or dusk for the best chances to encounter a walleye. Whether it is "Fake News" or not, once in a while there are reports of Walleyes in Ririe Reservoir. The Idaho state record is a 17-pound specimen from Oakley Reservoir. That's a lot of good eating!

Ingredients

- 4 walleyed pike fillet
- 6 -8 tablespoons melted butter
- 1 tablespoon lemon juice
- ½ cup sliced mushroom
- 2 tablespoons finely chopped onions
- salt and pepper

Directions

- 1. Preheat oven to 350 degrees.
- 2. Dip fish in melted butter, salt, pepper and lemon juice.
- 3. Place fish fillets into shallow baking pan.
- 4. Place mushrooms and onions over the top of fish, then spoon any remaining butter mixture over fish.
- 5. Bake at 350°F for 15-20 minutes until fish flakes.

Serves four





Fly of the Month

Missoulian Spook

This Dan Bailey pattern was created in the 1940s and first called a white muddler. In the 1950s Vince Hamlin, the Alley Oop creator, used it with such great success on Montana streams that he renamed it "Missoulian Spook" and featured it hanging from the mouth of a trout in one of his cartoon strips. This helped make it one of Bailey's top selling streamer patterns for the rest of the century. Fish it with a sink-tip line at the heads and tails of pools and swing it through riffles especially during low light conditions.

Hook: Mustad 9672, or equiv., size 4-10 Optional weight: Fuse wire, 0.035-inch diam.

Thread: Gray, 2/0

Tail: White turkey quill segments

Butt: Red chenille
Rib: Flat silver tinsel
Body: White floss
Underwing: White calf tail

Wing: White turkey quill segments Head and collar: Spun deer hair clipped to shape





2016-17 Calendar



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Date	Activity
Tuesday, February 28th	SRC Board Meeting: 6:30 PM, Shilo Inn
Wednesday, March 8th	SRC General Membership Meeting, 6:30 PM Speaker: Craig Mathews
Saturday, March 11th	Bug Club Meeting: 8:00 AM Shari's Restaurant
Wednesday, March 22nd	Expo Organizing Committee Meeting, 6 PM, Jimmy's
Saturday, March 25th	Bug Club Meeting: 8:00 AM Shari's Restaurant
Tuesday, April 4th	SRC Board Meeting: 6:30 PM, Shilo Inn
Wednesday, April 5th	Expo Organizing Committee Meeting, 6 PM, Jimmy's
Wednesday, April12th	SRC General Membership Meeting, 6:30 PM Speaker: Damon Keen

Note: all membership and board meetings are at the Shilo Inn.

Board meetings are held in the VIP room and are open to all members.

General membership meetings are held in the Temple/River View rooms and are open to the public





Snake River Cutthroats 291 Dale Drive Idaho Falls, ID 83402

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Snake River Cutthroats

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Buck Goodrich

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Dave Pace Gary Barnes Mary Stucki

Jim Mathias

Bruce Staples

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Past President: Paul Patterson (208-569-8031)

Ex. Vice President:

VP Conservation: Jeff Armstrong (208-522-7005)

Treasurer: Jim Mathias (208-684-4200) **Secretary:** Tim Crain (208-821-1646)

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2 Yr Directors

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Wade Allen (208-390-3130), Pat & Susan Marushia (208-523-1591), Mike Miller (208-357-5569)

Committee Chairs

Membership: Carol Staples (208-522-9242)

Historian/Newsletter: Bruce Staples (208-522-9242)

Education: Jeff Armstrong (208-522-7005)

Expo: Arn Berglund (208-569-2243)

Programs: George Klomp (208-680-2762) & Marv Stucki (208-589-9677)

Publicity: Rob Knox (760-419-1682) Outings: Mike Miller (208-357-5569)

Website: Brian Morishita (208-201-1669)/Tim Woodard (208-201-1669)

Youth: Tim Crain (208-821-1646)